



Strength & Conditioning Coach Job Posting

Job Summary:

The Strength and Conditioning Coach facilitates the strength and conditioning training of athletes. Assisting with the development of exercise routines and nutritional intake, exercise supervision, tracking athlete progress and adjusting exercise plans accordingly, the Strength and Conditioning Coach both designs and implements full-scale fitness programs.

The Strength and Conditioning Coach works under the supervision of the Athletic Director.

Qualifications:

1. Minimum Qualification: Bachelor's Degree in related field
2. Preferred Qualification: Master's Degree in related field, 3 years of experience at the collegiate level as a strength & conditioning coach
3. Required Certifications: Certified Strength & Conditioning Coach (CSCS) through the National Strength & Conditioning Association (NSCA), First Aid & CPR/AED Certified

Job Requirements:

- Design, demonstrate, and execute year-round lifting programs for 16 NCAA DIII teams
- Manage lifting times and scheduling for the teams
- Cultivate relationships with all of the coaching and athletic training staff
- Oversee the weight room, equipment purchases, and equipment repairs

How to Apply:

Please electronically send cover letter and resume to:

Lisa M. Bash-DeFrees, MSSW

lbash@spalding.edu

ABOUT SPALDING UNIVERSITY:

Nestled in the midst of Kentucky's largest city, historic Spalding University combines a rich history and a commitment to community service as we attract students who desire a high quality education in a very personalized setting. An engaged faculty serves nearly 2500 students at the bachelors', masters and doctoral levels, providing quality, real-world learning in liberal and professional studies.

Faculty, staff and students are united by the institutional mission:

Spalding University is a diverse community of learners dedicated to meeting the needs of the times in the tradition of the Sisters of Charity of Nazareth through quality undergraduate and graduate liberal and professional studies, grounded in spiritual values, with emphasis on service and the promotion of peace and justice.

With a focus on community service and leadership, Spalding offers all students a mission-driven connection to community and comprehensive learning resources while striking a distinctive balance serving the educational needs of both the traditional student and the working adult. In addition, our unique 6-week session delivery format affords students needed scheduling flexibility amidst other life responsibilities.

Spalding University is an Equal Employment Opportunity/Affirmative Action employer. The University complies with all federal, state and local equal employment opportunity laws. It is the University's policy not to discriminate against any individual or group of individuals and to provide equal employment opportunity to all qualified persons regardless of race, color, national origin, age, disability, religion, sex, pregnancy, sexual orientation, gender identity, marital status, military status, veteran status or other protected status. All job offers are contingent upon successful completion of a pre-employment drug screening as well as a criminal background check.